

Pertinent Paragraphs

Mr. Netze presented a grim picture of financing for the Lemon Grove school district at last week's Lions meeting.

Continued Federal and State emergency aid seems to be the only immediate solution.

The final solution for this problem will be increased assessment through the development of the Lemon Grove Business section. If every household residing in Lemon Grove in private enterprise, the total assessment of the school district would be more than double what it is today.

We can all help by patronizing home industry, and by not patronizing those who do not patronize home industry.

Where are they coming from? We mean the newcomers who will help in the development of Lemon Grove. We have here a representation from every state in the Union and from every province in Canada. They will keep coming in the wintertime and also in the summertime on account of our cool ocean breezes.

But our greatest and fastest influx may come from the Imperial Valley. This was demonstrated again this week when Imperial Valley residents decided to move to Lemon Grove for business and also to reside here.

A caravan from the Lemon Grove Chamber of Commerce could convince residents of the valley that our year around climate is available for them.

Church

FIRST BAPTIST CHURCH

Corner of Central Ave and School Lane.
Rev. J. Morris Mulkey, Pastor
H6-0340
Sunday School 9:30 a. m.
Morning Worship, 10:50 a. m.
Training Union 6:45 p. m.
Evangelistic Services 8:00 p. m.
Everyone is welcome.

SPRING VALLEY FRIENDS COMMUNITY CHURCH

Bancroft and Kenwood Drive, Spring Valley.
B. G. Bronner, Minister
Sunday School, 9:45 a. m.
Morning Worship, 11:00 a. m.
Evening Service, 7:00 p. m.

VISTA LA MESA CHRISTIAN CHURCH

Corner of University and Massachusetts.
Russell Hensley, Minister
Sunday School meets at 9:30 Sunday School for children under sixth grade.
9:30 Youth Worship Service for sixth grade through high school.
10:45 Sunday School for the sixth grade through high school age group.
11:00 a. m. Morning Worship.
7:30 Evening Service

ST. JOHN OF THE CROSS, CATHOLIC CHURCH

Sunday Masses at 7:00, 8:30, 9:30, 10:30 and 11:30 a. m.
Holiday Masses at 6:00, 7:00, 8:00 and 9:00
Confessions heard on Saturday 4:00 to 5:30 and 7:30 to 9:00 p. m.
Catechism for public school children, Saturday, 9:00 a. m. at parochial school.
Fr. J. W. McDonough, Pastor
Fr. Patrick Reilly, assistant
Telephone H6-3914

FIRST CHURCH OF CHRIST SCIENTIST, LA MESA

8258 Allison Ave., at Palm St.
Sunday School, 9:30 a. m.
Church Services, 11 a. m.
Wednesday eve. service at 8.
Reading room in church building open daily, 10:00 a. m. to 4:00 p. m., except Sundays and holidays. Also Friday evening, 7:00 to 9:00 p. m., and Wednesday evenings before and after services.

The Golden Text of the Sunday Lesson-Sermon on "Mortals and Immortals" in all branches of The Mother Church, The First Church of Christ, Scientist, in Boston, is from I Corinthians: "This corruptible must put on incorruption, and this mortal must put on immortality."

Do Your Shopping In Lemon Grove Through The Columns Of The Review

Lemon Grove Review

THE ONLY NEWSPAPER PRINTED "IN AND FOR LEMON GROVE"

VOLUME 1

LEMON GROVE, CALIFORNIA, THURSDAY, MAY 12, 1949

NUMBER 44

Equalization Fund Based On 1948 Enrollment Unfair To Lemon Grove

With an enrollment of 1327 pupils in Lemon Grove Public schools, this year the state equalization grant is based on last year's enrollment of 1090 pupils. This information was presented by the Public School principal, Mr. Netzeley at last Thursday's Lions meeting.

Federal Aid had been provided during the past five years for schoolhouse construction. Mr. Netzeley estimates attendance next September as 1500 pupils and shows that the school district is unable to finance the cost of the additional classrooms needed.

He showed that average expenditure per elementary school child in California as \$188.00 and the average expenditure (1948-49) in Lemon Grove \$142.00.

Memorial Day Service

La Mesa Post 8514 V.F.W. and their Auxiliary are holding a Memorial Day Service at the Mt. Helix Amph on May 30, at 10:30 a. m. The public is cordially invited.

SEVENTH - DAY ADVENTIST CHURCH

Main at Bunnell
Lemon Grove, Calif.
Charles H. Betz, Minister
9:30 a. m. Saturday, Church School.
Under the direction of Mrs. A. C. Jacobson.
11:00 a. m. Morning Worship

FIRST CONGREGATIONAL CHURCH

Corner of Main and Church Sts.
Dan Apra, Pastor
SUNDAY MAY 15th, 1949
WORSHIP SERVICES at 9:30 and 11:00 and in the absence of the Pastor, who is on his vacation, the pulpit will be filled by Rev. Glenn Rowles, Assistant Superintendent of the Congregational Conference of Southern California and the Southwest.
CHURCH SCHOOL at 9:30. Classes for Primary Department begin at 9:50; classes for junior through adult department begin at 10:20. All classes dismiss at 10:50.
The Golden Circle will meet Friday evening, May 13th.

FULL GOSPEL FELLOWSHIP MEETING

Forward Club House
Entrances on Olive and Main
Margaret E. Johnston, Pastor
Sunday School 9:45 a. m.
Morning Worship 11:00 a. m.
Evangelistic Service 7:30 p. m.

GIRL SCOUT AND BROWNIE CALENDAR

Brownies
After school Monday St. John of the Cross school, Brownies.
10:30 a. m. Wednesday, Forward Club, Lemon Grove area.
1:00 p. m. Tuesday, 2065 El Dora, Monterey Heights area.
Brownies are in process of organization in Vista La Mesa.
Girl Scouts
9:00 a. m. Wednesday, Troop 32, school cafeteria, Mrs. Phillips.
4:00 p. m. Wednesday, 7528 San Miguel, eighth grade, Lemon Grove area.
2:30 p. m. Wednesday, Vista La Mesa Church, seventh grade, Vista La Mesa area.
2:00 p. m. Friday, Vista La Mesa Church, fifth and sixth grades, Vista La Mesa area.
10:30 a. m. Tuesday, Congregational Church, fifth and sixth grades, Lemon Grove area.
2:00 p. m. Wednesday, 1594 Drexel Drive, fifth and sixth grades, Monterey Heights area.
2:00 p. m. Tuesday, 7933 Lansing Drive, sixth grade Monterey Heights area.
2:00 p. m. Tuesday, Troop 307,

PREPARATIONS GO AHEAD FOR CUB SCOUT JALOPY DAY

In making a tour of Cub Scout homes and merchant Jalopy derby sponsors' establishments, a feeling of great excitement and tenseness was felt, as one watched the youngsters sawing nailing and covering their jalopies up in preparation for next week's big race which will be held Sunday, May 15, 1949, at 1:30 p. m. on Glencoe Hill in Monterey Heights.

Racers of all descriptions are beginning to take form and

Support Asked For Local Baseball Teams

One of our Lemon Grove citizens has realized the necessity of a boy's base ball team. He talked to a handful of boys, let them express themselves and now has them out doing their own canvassing.

In three impromptu meetings they have gathered together 30 boys ages 12 to 17. One father gave some time on Sunday and partially cleared a ball field which was donated for their use. This is the same field which was used in 1915 and on which Lemon Grove won the County and City Championship.

The boys are ready and will-in to help themselves. Will you cooperate with them? They need a little money and a little labor to finish the field and buy a small amount of equipment.

For further information contact Mr. E. P. Sonka.

7039 Nichols, Monterey Heights, Mrs. R. M. Atkins.
10:00 a. m. Tuesday, 7933 Lansing Drive, seventh grade, Monterey Heights area.
After school Tuesday St. John of the Cross school, fifth and sixth grades.
2:00 p. m. Tuesday, second class Girl Scouts will meet with Mrs. Lewis.

BLUEBIRD AND CAMPFIRE GIRLS CALENDAR

Blue Birds
10:30 Monday, Congregational Church, Happy Hour group.
12:15 Monday, Congregational Church, Sunkist group.
2:00 p. m. Monday, 1730 Dupont, Monterey Heights, Skyline group.

Camp Fire Girls
3:30 Monday, Mrs. Porter's home on Church Street, Ot-Yo-Kiva.
11:30 Monday, Congregational Church, O-Ki-Hi.
12:15 Monday, Congregational Church, O-Kin-Ya-Sen.
3:30 Monday, Congregational Church, Idaka.
4:00 p. m. Mondays, Mrs. R. E. Nelson's group, 1370 Skyline, Monterey Heights.
Leaders monthly meetings come on the second Thursday of each month, 1:30 to 3:30 p. m., at the First Congregational Church.

LEMON GROVE LIBRARY

Regular hours are as follows:
Monday.....2 P. M. to 5 P. M.
Tuesday.....2 P. M. to 5 P. M.
Wednesday.....2 P. M. to 7 P. M.
Thursday.....11 A. M. to 5 P. M.
Friday.....2 P. M. to 5 P. M.
Saturday.....2 P. M. to 7 P. M.

HOMELAND JUSTICE COURT

Jean Ratelle, Justice of the Peace
Sonka Bldg., Main Street
Lemon Grove
COURT HOURS
Mon. and Thurs. 7:00 p. m.
Sat. 10:00 a. m.
Clerk on duty daily from 1:00 to 2:00 p. m., except Sat. and Sun.

LEMON GROVE CHAMBER OF COMMERCE

Ted Haaf, President
Phone H6-3568
Andy T. Benson, Secretary
Phone H6-1125

each driver believes his to be the winner, which adds up to good competition and should offer all of us plenty of thrills.

On this day twenty-six cars and drivers will be on the line ready to go. If you would like to get an early peek in on their cars you will be able to see them in front of the Lemon Grove Theatre at 12:00 p. m. Saturday May 14, 1949 as they will be lined up for pictures and inspection by the committee.

If one rumor comes through there should be plenty of laughs during the afternoon. The rumor is that several of the merchants, upon completion of the race will make the dare-devil run in the car they have sponsored. This if it should materialize will give us all something to be long remembered.

So Parents and all of Lemon Grove let's remember this date and meet on Glencoe Hill for a good time.

PARENTS GUILD LUNCHEON

The parents Guild of St. John of the Cross School will hold a luncheon and card party on Thursday, May 19, at 1:00 p. m. in the school auditorium.

The address is Washington and Imperial, Lemon Grove. Everyone is cordially invited to attend. Mrs. Albert Bwy, general chairman may be contacted for additional information at H6-1251.

THEOSOPHICAL STUDY GROUP TO MEET

The Theosophical Study Group of Lemon Grove will meet Monday at 8 p. m. in the home of Ruth Schulte, 2850 Cypress Street.

The subject chosen for study and discussion is "Not My Will but Thine Be Done" which is one of a series of lessons from "Studies in Occult Philosophy" by Dr. G. de Purucker.

Inquirers are always welcome to attend these informal group meetings.

VARIED PROGRAM FOR SPRING CONCERT

Music from Tchaikovsky's immortal "Nutcracker suite" is all that can be heard on Grossmont High School's Campus this week, as ballet teams and various musical organizations on campus prepare for the Annual Spring Concert, at which the "Nutcracker Suite" will be the featured attraction. With Beautiful ballet to the fiery "Trepak" and following "Waltz of the Flowers," The "Nutcracker Suite" will be enriched by dancing under the direction of Miss Lucille Hallwick, Grossmont physical education instructor.

The famous Red Robe Choir, composed of 112 of Grossmont's finest voices, will be featured in the presentation of the "Nutcracker Suite," as well as with Religious, semi-classic, spiritual and widely popular music. The Girls' G Dee Club and Double ensemble will also take part in the Spring Concert, to be given May 19 at 8:15 p. m. in the High School Auditorium. All musical Groups taking part are under the direction of Mrs. Merle C. Donohue. The Duo-Piano teams accompanying the "Nutcracker Suite" are yet to be chosen from among student trying out.

General admission rate has been set at 70c., and members of all of Grossmont's hard working musical groups are at their task of getting a sold-out house. Proceeds will go toward final payment of the Grossmont Hammond organ.

Anderson Residence Scene of P.T.A. Reunion

Mrs. A. H. Anderson's residence on Golden Ave. was the scene of a happy gathering on Wednesday May 4. The occasion was a reunion of members of the Lemon Grove P. T. A. in past years.

The get together was organized by Mrs. Alice Johnston. It is the second such reunion the group of ladies have had. The first was held in El Cortez a year ago.

The ladies enjoyed a pot luck luncheon and then spent the afternoon in visiting.

Those present included: Marie H. Adams, Kitty Stumborg, Hazel Flagg, Lill Jenner, Nettie Mason, Ruth Cropley, Hazel Sherman, Clara Mac Donald, Sue H. Pim, Leda Applegate, Esther Showalter, Marge Huber, Hazel Dickerhoff, Kittie Richmond, Zella Jones.

Mamie Patterson, Dorothy Brother Birkel, Gladys B. Sharp, Winnie O. Bolster, Lillian Boots, Alta Carr, Daphne Meadows, Anna M. Barber, Myrtle Bernhard, Florine Rider, Janita

Chamber Of Commerce Notes

Mr. Gilbert Durham donated the equipment and necessary labor in leveling to grade the building site of the Community Center.

A letter to the members of the Chamber of Commerce is in the mail asking for full co-operation both in labor and cash donations in the construction of the Community Center. A large number of citizens have already called the committee and offered their services.

The 35 mile speed limit signs have been placed in more conspicuous places on Broadway between Central Ave. and Campo Road. The Lemon Grove entrance signs have been set farther west and east on Broadway.

James B. Pearce, chairman of the Fire Protection Committee, has called a meeting of his committee for Wednesday May 11th. They will discuss some of the problems pertaining to the protection of Lemon Grove against fire.

Close, Katherine Elliot, Edith Denlinger, Beatrice L. Morse, Lucille Johnson, Pauline McCallister, Julia Dorham, Lena Kasitz, Alice Johnston, Rubie Brunelle Dickson, Eleanor Chew Peters, Elizabeth Anderson, all of Lemon Grove, and Esther E. Jensen of Aguanga, Calif.; Ellen Ahrens Gillett of Long Beach and Marie Hutchings of San Fernando.

Goodness consists not in the outward things we do, but in the inward things we are. —Chapin

Grove Theatre

Week Nights Open 6:15

Saturday - Sunday - Continuous from 1:15

LEMON GROVE

HOMELAND 6-2200

Ends Tonight (Thursday) "THE PARADINE CASE" and "DISASTER"

Friday and Saturday

May 13 - 14



Plus

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"LAW OF THE LASH"

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Sunday and Monday

May 15 - 16

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AND SECOND BIG HIT

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Lemon Grove Review

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SUBSCRIPTION RATE \$1.50 YEAR
ADVERTISING RATE ON APPLICATION

Thursday May 12, 1949

THIS AND THAT

by Dr. Frank Weege, D. C.

(continued from last week)

When medical scientists can isolate and name a particular disease and isolate and name a particular dietetic error as the cause of that disease and the correction of that error as the remedy, then they have faith in food; but many of them are still chasing all sorts of vague and conflicting theories of the cause of other diseases that physical culturists are curing every day by diet, exercise and other simple measures of natural living.

Ever since the Russo-Japanese war, however, when innumerable cases proved that polished rice causes beri-beri, we have been making rapid progress, and the biggest part of the task of converting the doctors to a recognition of the relation of food to health and disease has been accomplished.

Today an increasing number of them are studying foods more than drugs, and some even grasp the larger truth that food and the method of its use or disuse, as the case may be, with the proper elimination of nutritional and other wastes from the body, are of fundamental importance to the health and vitality of every living creature and that it is foolish to look for other methods of cure until the state of nutrition has been corrected.

Sir Arbuthnot Lane, one of England's greatest physicians, has for many years labored to impress the medical world with the fundamental importance of food and the elimination of food wastes, in solving the problems of health and disease. After summarizing the evidence that causes him to believe that a vast preponderance of diseases are of nutritional origin, he says: "To deal with them efficiently we must devise means by which

their causation can be controlled and eliminated. This can be done by instructing the people in the laws of health, and in rendering accessible to them just such foods as are essential to health."

Pehaps undue attention has been given to the specific vitamins as compared with proper nutrition as a whole. Nevertheless, the vitamin investigations, because they fitted in with the orthodox habit of believing in specific remedies for specific diseases, have served as a wedge to open the medical mind to the larger conviction of the absolute dependence of all life processes upon nutrition. When not one but a dozen of diseases have been shown to be caused by specific nutritional errors, it is hard to avoid the conclusion that many other diseases and chronic ill-health in general may also have nutritional errors as, at least a factor, of their causation, and that nutritional principles furnish at least one of the elements in their cure.

Further evidence of the slowness of chemical and medical science to acknowledge the relation of nutritional factors to disease is seen in the fact that some of the plagues that are now considered classic examples of vitamin deficiency have been recognized as nutritional diseases for decades, or even centuries. And yet medicine, while providing remedies in the form of natural foods, still continued to look for the germs of these diseases and to seek drugs to cure them. The history of the disease known as scurvy affords a striking illustration of this sort of misbelief.

Scurvy was a plague all through the middle ages. It decimated armies and lost wars and caused besieged cities to surrender. It emptied jails and almshouses via the potter's field. It checked exploration, colonization and commerce by incapacitating the crews of sailing vessels. In more recent times it was the dreaded scourge of Arctic expeditions.

Centuries ago intelligent observers noted that scurvy abated as soon as fresh food became available to the stricken people, but the medical profession continued to argue and speculate about the matter. Cold and exposure, air and climate, contagion and germs, all continued to be set forth as causes, in spite of the fact that proper fresh food alone did always prevent scurvy or cure it.

The medical mind only grudgingly recognized food as an essential factor in the cause and cure of disease; and so long as

it was natural food, whether it was limes, lemons or other fresh fruits, vegetables or fresh meat, that appeared to do the curing in the case of scurvy, it could not be satisfied, but had to seek some other remedy.

As soon as a scientific name was attached to the curative principle in these foods, they ceased to doubt and began to proclaim as a discovery the cure that had been used for generations.

Laboratory proof, too seems to be necessary to carry conviction to the ordinary medical mind. Human beings had been getting scurvy for centuries as a result of living on denatured foods; but it was only when it was found that you could produce the disease in guinea pigs by feeding them such diets and cure it by giving them oranges and cabbage, so that any scientist could produce his own scurvy and be convinced by this, his own evidence, that the relation between cause and effect was considered to have been proved.

The method of feeding small animals for the purpose of producing disease, and then the curing of the disease by correction of the diet, is the biological method of studying the relation of food to the disease. Whatever criticism of it one may make, it has certainly done a lot to convince doctors and other scientists of the relation of nutrition to the health of man.

If we take into consideration the antiquity of the practice, among sea captains and polar explorers, of giving fresh food to prevent scurvy, this disease gives us the longest history of the therapeutic use of vitamins. But it was not scurvy, known more to the western than to the eastern world, but beri-beri, an Asiatic disease, which led to the definite discovery of a vitamin and gave us the theory of vitamin deficiency as a cause of disease.

Beri-beri is a very old disease among the rice-eating Orientals, going back many centuries in their history. No progress was made in its conquest till about 1880. At that time there were 323 cases a year per 1000 sailors in the Japanese Navy; that is, nearly one third of the men suffered each year from the disease. The director of the Japanese Navy, after studying the life of British sailors, decided that the Japanese diet was at fault and changed it in imitation of the British, with the result that the disease almost immediately and completely disappeared.

Then years later the exact

fault in the Japanese diet that was responsible for the disease was discovered by Eijkman, a Dutch physician in Java. He observed that some chickens were suffering with a disease which he thought resembled the beri-beri from which the inmates of local hospitals also suffered. Eijkman inquired as to how the chickens were fed and found that their diet consisted solely of polished rice. He substituted for this natural brown rice, and the chickens recovered.

This discovery was soon applied to men. Thus, at Buena Vista, a military outpost in the jungle of Cavite Province, Philippine Islands, in 1905, a United States army surgeon eradicated a beri-beri epidemic within six weeks among Igorote troops, by changing their diet from white polished to the brown unpolished rice. Thus, it was shown that the disease was not due to any fault of the rice grain but was the fault of man, who rubbed off the brown bran coating which contained the substance essential for its prevention.

If we review the history of food science for the past 35 years, we find that a situation very annoying to the scientists had developed. They wanted to demonstrate to their pupils the theory that the essentials of nutrition were protein, carbohydrates and fats, together with certain more or less ignored minerals or ash. So they took chemically refined protein, fats and carbohydrates and added to them the minerals or ash of milk and so made artificial diets that were theoretically complete. These were then fed to laboratory animals to prove that the scientists knew just what was necessary to support life, that it was all a matter of chemistry and that there were no principles nor ingredients needed which they had not discovered and analyzed.

Imagine how embarrassing it was to find that the hardest little animals, like rats and mice, could not live, but sickened and died on these theoretically perfect diets. Yet the same species of animals thrive very well when left to forage for themselves in an old barn! They usually did very well also if any portion of natural whole foods was included in their diet. But the moment everything was refined down to chemical purity they died.

Many other scientific statistics could be cited in order to prove our contentions of the relationship of foods to health and disease but, of necessity, they would have to be presented in highly technical terms, too cumbersome

for the average reader to either understand or enjoy.

Before closing the chapter of "The Principles of Nutrition" I would like to say a few words about the ever prevalent question I have been asked hundreds of times: "Raw or cooked foods?"

Why do we cook foods? The average cook book will tell you that food is cooked to develop new flavors, to make it more palatable and digestive, and to destroy micro-organisms, and that changes which render a food a cooked one are brought about by heat in the presence of air and moisture. At the present time, however, the value of cooking is being questioned, and some go so far as to say that the way to health and long life is to be found in the use of uncooked foods only.

There are, no doubt, many foods which do not need to be cooked to render them more acceptable to the palate, and useful to the body, but an uncooked diet is an extremely limited one, and includes many foods which modern science has discovered to be extremely valuable.

Science has gone still further and has shown us how the loss of organic material and vitamins, so great in the old cooking methods, may be reduced to a minimum. For this reason cooking has come to have a broader meaning. It consists in the preparation of food in such a way that the natural food elements are conserved. Cooking so viewed includes any process through which food passes before being served.

In this discussion the term "cooking" is used in this broader more modern sense. Each method of cooking is discussed as well as the advantages of both the cooked and uncooked type of diet.

(Continued next week)

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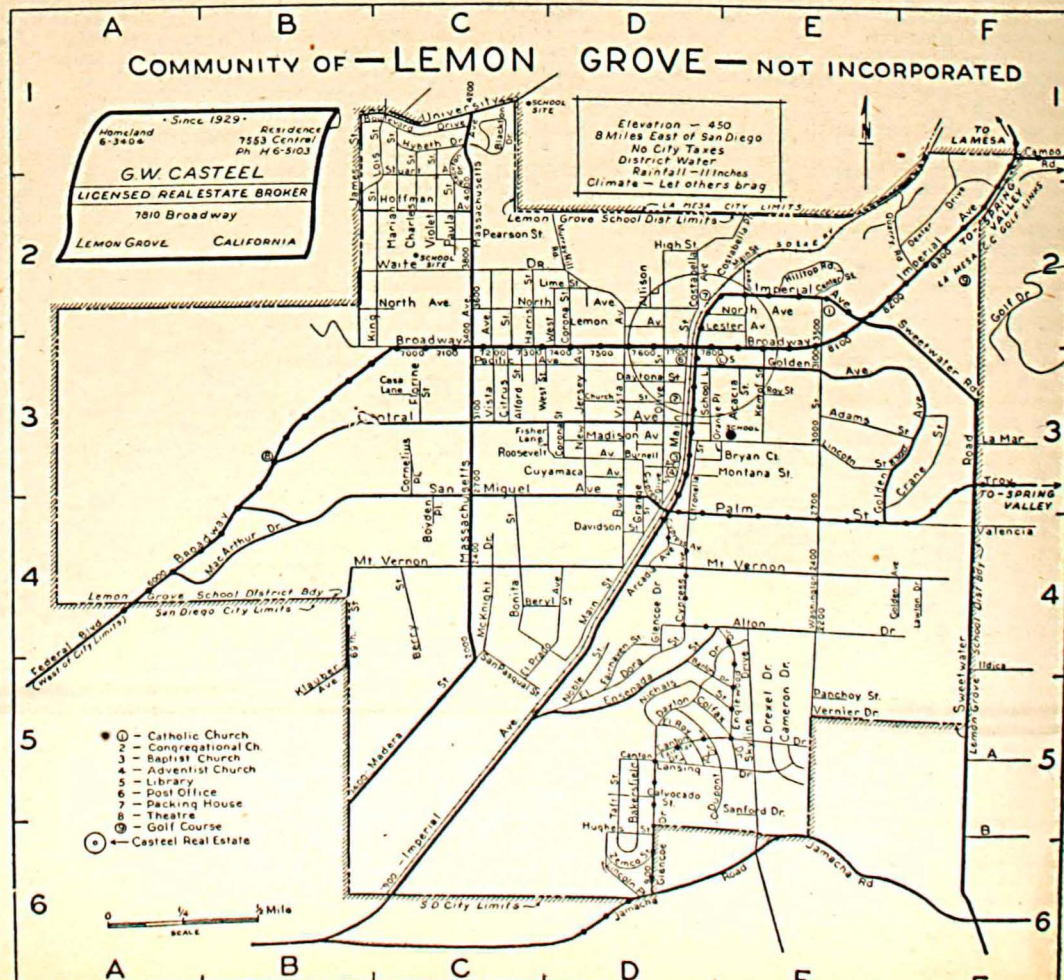
Population - 9500
estimated

Acacia St. E-3
Adams St. E-3
Alford St. C-3
Allison Lane D-2
Alton Dr. E-4
Arcadia Dr. D-5
Bakersfield St. D-5
Barton Dr. D-5
Berry St. C-4
Beryl St. C-4
Blackton Dr. C-1
Bonita St. C-4
Boulevard Dr. C-1
Boyden Pl. C-1
Broadway C-3
Bryan Ct. E-3
Buena Vista Av. D-3
Burnell Av. D-3
Center St. E-2
Calvinwood St. D-5
Cameron Dr. E-5
Campo Road 7-1
Canton Dr. D-5
Casa Lane C-3
Central St. E-2
Central Av. C-3
Charles St. C-2
Church St. D-3
Citronella St. D-3
Citrus St. C-3
Coffey Dr. D-5
Cornelius Pl. C-3
Corona St. D-3
Costabella Av. D-2
Costabella Pl. E-2
Crane St. F-3
Cuyamaca Av. D-3
Cypress Av. D-4
Davidson St. D-4
Dayton Dr. D-5
Daytona Dr. D-3
Dexter Dr. F-2
Drexel Dr. E-5
Dupont Dr. D-5
Eldora St. D-5
El Prado Av. C-5
El Roy Dr. D-5
Englewood Dr. E-5
Ensenada St. D-5
Fairfax Dr. D-5
Fairhaven St. D-5
Fisher Lane C-3
Florine St. C-3
Glencoe Dr. D-6
Golden Av. F-4
Golf Dr. F-2
Grange St. D-4
Grove St. E-2
Harris St. C-2
High St. D-2
Hilltop Rd. E-2

Hoffman Av. C-2
Hughes Dr. D-5
Hybeth Dr. C-1
Imperial Av. C-6
Imperial Rd. E-6
James St. E-2
Kemp St. E-3
King St. B-2
Klauber Av. B-5
Lansing Dr. D-6
Lawton Dr. F-4
Lemon Av. D-2
Lester Av. E-2
Lime St. D-5
Lincoln St. E-3
Lincoln Pl. D-6
Loma Dr. D-4
Mac Arthur Dr. B-4
Madera St. C-5
Madison Av. D-3
Main St. D-4
Marian St. C-2
Mass. Av. C-4
McKnight Dr. C-4
Montana St. E-3
Mt. Vernon St. C-4
Murray Hill Rd. D-2
New Jersey Av. D-3
Nichols Dr. D-5
Noble St. C-3
North Av. C-2
Olive St. D-3
Orange Pl. E-3
Pacific Av. C-3
Palm St. E-4
Panchoy St. E-5
Paula St. C-2
Pearson St. C-2
Quarry Rd. E-2
Roosevelt Av. C-3
Roy St. E-3
Sanford Dr. E-5
San Miguel Av. C-1
San Pasqual St. C-5
School Lane D-3
Skyline Dr. E-6
Stuart Av. C-1
Sweetwater Rd. F-5
Taft St. D-5
University Av. C-1
Vernier Dr. B-5
Violet St. C-2
Vista Av. C-3
Walte Dr. C-2
Washington St. E-4
West St. D-2
Zemco St. D-6
69th St. B-4

This map covers the Lemon Grove school district, the natural boundaries of our unincorporated community — gives all streets with correct names, and a chart of official house numbers.

[Signature]
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LEMON GROVE REVIEW Thursday May 12, 1949

FORWARD CLUB JUNIORS WILL ENTERTAIN

Friday, May 13 the Forward Club Juniors will entertain the Seniors with a Mothers Day Tea at 2:30. The seniors will convene at 2 p.m. for a brief business meeting preceding the tea.

GIRLS ENSEMBLE HAVE FULL SCHEDULE

The Girls' Ensemble of Grossmont High School opened National Music Week with a varied program at the Army-Navy Y.M.C.A. in San Diego, Sunday evening May 1st. The colorful costumes of this Artistic group made a lovely picture on the stage set with special background.

Special Feature of this well planned program was the singing of a new song, "That Day With you," by Pat Finley and Pat Meskimen, composed by Mrs. Gena Evans, who accompanied them. Mrs. Evans, who accompanied both the ensemble and choir, is one of the teachers in the music department at Grossmont.

The ensemble's program included "Babylon," one of the outstanding compositions of our own American composer, Joseph Clokey.

The Girls' Ensemble has a full schedule this week including a program at the San Diego Woman's club presented by Mrs. Ralph Hastings, and a program for the Kiwanians presented by Mrs. Fred Morton in El Cajon.

Soloists appearing on these programs included Margaret Butler, Gail Daugherty, Ed. Morton, duet team Beverly Jones and Bill Bysman, Piano duo Virginia Baldwin and Charlotte Trotter, Kay Cambron. Margaret Butler, Grossmont sophomore, who won high honors at the recent San Diego county-city schools festival, sang "A Heart That's free," accompanied by Charlotte Trotter, who also won high recognition for her artistic accompaniments at the festival.

Paul Henneberg, Cadet teacher from State College, conducted this program at the Army-Navy Y.M.C.A. All choral groups at Grossmont are under the direction of Mrs. Merle C. Donohue.

CANNIBALISM IN POULTRY

The prevalence of cannibalism in poultry varies from flock to flock and season to season, reports Robert H. Adolph, University of California Agricultural Extension Service. In some extreme cases mortality as high as 40 per cent has been reported.

He says the causes of cannibalism are uncertain and very complex, probably involving the nutrition of the birds, genetic background and management.

Adolph feels that there are some recommendations for good management which will help prevent outbreaks of cannibalism, even though they have not yet been determined as causes. He suggests:

1. Debeaking — cutting back the upper beak.
2. Prevention of overcrowding.
3. Provision of adequate feeding and watering facilities.
4. Devices to keep birds busy.
5. Ruby colored lights so that birds will not see bloody parts of picked birds.
6. Antipick salves which taste unpleasant to the birds.

NEW POULTRY BULLETIN NOW AVAILABLE

The Chicken Business in California is the name of a new bulletin published by the Agricultural Extension Service, University of California, R. H. Adolph, assistant farm advisor in charge of poultry work in San Diego County, states that this bulletin provides a complete and up-to-date analysis of the poultry enterprise in California and would be of particular interest to beginners as well as oldtimers in the industry. The supply of this bulletin is available at the Agricultural extension Service Office, Room 404, U. S. Customs Building, San Diego, and can be obtained free of charge upon request.

Poultrymen and those considering poultry raising in California will be interested in a forecast presented in this bulletin concerning prospects for the next two or three years.

CITRUS TREES AND MOTTLE-LEAF

Mottle-leaf or zinc deficiency is prevalent in many orchards this year, reports J. J. Coony, Assistant Farm Advisor. Citrus growers should know how to recognize the importance of correcting this condition.

Zinc deficiency symptoms are sometimes confused with those of manganese or iron. Zinc deficient leaves will have green around mid-ribs and veins, with the area between the veins appearing yellow. It is important to note that yellowish color. Leaves become narrow, small. The condition is usually worse on the south side of the tree. Acute zinc deficiency causes dieback, sparse foliage, decreased production and poor quality.

Response to zinc sprays is greatest if applied just prior or during a flush of growth. It can be done at any season. Blossoms or young fruit are not damaged. Complete coverage is not essential. A little of the spray on most of the leaves is sufficient.

The recommended formula is 5 pounds of zinc sulfate, 2½ pounds hydrated lime or soda ash to 100 gallons of water. No spreaders or stickers are necessary.

NO DDT ON DAIRY COWS

DDT should not be used for insect control on dairy cows, F. W. Dorman, Assistant Farm Advisor of the University of California Agricultural Extension Service, announced today.

Methoxychlor, another effective insecticide, is recommended instead.

Dorman says these are recommendations of the U. S. Department of Agriculture following several years of study. No change is made in the recommendations for use of DDT to control pests on other livestock, including beef animals.

Further information about control of insects on dairy cows, or flies about dairy buildings will be supplied interested dairymen inquiring from the Extension Service, Room 404, U. S. Customs Building, San Diego 1.

The farm advisor states much can be done to reduce fly numbers about dairy barns by proper clean-up of breeding places and other sanitary methods. These sanitary measures could be supplemented by the use of residual sprays in and around other buildings where dairy animals are housed, on fences, and other places where flies congregate.

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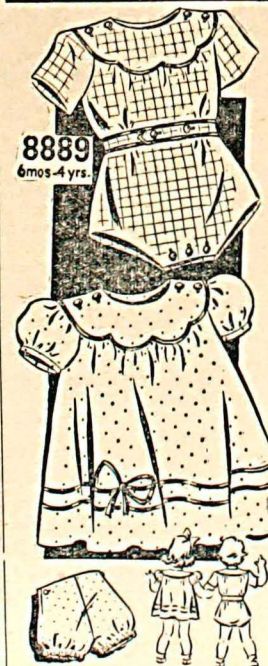
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On Broadway

Lemon Grove

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An adorable outfit for that pair of cherubs—dainty dress and panties for sister—gay rompers for brother.

Pattern No. 8889 is designed for sizes 6 months, 1, 2, 3 and 4 years. Size 1, dress and panties, requires 2 yards of 35 or 39-inch material; romper, 1½ yards; 6 yards binding for dress 2½ yards binding for romper.

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FOR RENT-Room For One
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44c2

FOR LEASE-One Bedroom
apartment with stove and re-
frigerator at 7904 Golden Ave.
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Wanted to Rent

WANTED TO RENT-Two or
three bedroom unfurnished
house in Monterey Heights by
school teacher. phone H6-0142
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FOR SALE-16 N.H.R. breed-
ing males. We now have Ca-
pette Fryers. You should try
them. Fat hens, Eggs, Chicken
Fertilizer. Naval Oranges. 3710
Costabella Lemon Grove,
H6-8127

FOR SALE: New two bedroom
shakes, garage attached, tile, F.
H.A. financed. Also three bed-

LEMON GROVE REVIEW
Thursday May 12, 1949

CALENDAR OF EVENTS

Every Wednesday evening
Mission Rancho Post 1511,
Catholic War Veterans will have
their regular social every Wed-
nesday evening after devotions,
at 8:30, instead of every Friday.

May 11-12
Forward Club, 8:00 p.m.,
Spring Concert by School.

May 15
Jalopy Derby, Glencoe Hill,
Sponsored by Cub Scouts, Pack 8.

May 19
Parents Guild of St. John of
the Cross, School Hall, 1:00 p.m.,
Luncheon, 50c.

June 19
Horse Show, St. John of the
Cross.

June 20
Baptist Bible School.

July 17
Lemon Grove School District
Community Picnic.

LATEST 'BLONDIE' FILM MERRIEST ADVENTURE

"Blondie's Secret," latest in
Columbia's popular series of
films based upon Chic Young's
famous comic strip, is coming
Friday and Saturday to the
Grove Theater. Accord-
ing to advance reports, this
latest in the series promises to
hit a new high in comedy and
should outdo the merriment of
all previous "Blondie" films.

Once again, the same famous
cast, headed by Penny Singleton
as Blondie, Arthur Lake as
Dagwood and Larry Simms as
Alexander will appear in the
fun-producing roles that have
made them a laugh institution
to movie-goers throughout the
country.

The story involves the Bum-
steads in a series of hilariously
funny incidents which include a
burglary, a tiff with the Dog
Pound and a battle with a gang
of counterfeiters. It takes
Blondie's presence of mind, as
usual, to straighten things out.
However, before this comes
about, there is said to be an
over-abundant supply of loud
howls and resounding belly-
laughs.

The original screenplay was
written by Jack Henley; the di-
rector was Edward Bernds.

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House, Fruit Trees and Shrubs,
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next year and a daughter in
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has consented at the request of
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children at Grossmont

He is a particularly well
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Training: B. S. Degree in
education, Colorado State Col-
lege. M. S. Degree in Educa-
tion, University of Southern
California.

Graduate Work: University
of California, Berkeley, Calif.
Pomona College, Pomona, Calif.
University of Wisconsin, Mad-
ison, Wisconsin. Iowa State Col-
lege, Ames Iowa.

Experience: Three years In-
structor-Fort Lewis, Branch of
Colorado State College. Four
years Public High School work,
Twelve years Vocational Educa-
tion and high school principal,
Department of Interior. Five
years-Lecturer, evening, Uni-
versity of California Extension
in Education, Riverside Junior
College.

He spent four and a half years
as a training officer in the
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Present Activities: -Training
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years) U. S. Naval Air Station,
at San Diego, California. Pres-
ent lecturer on Personnel Man-
agement, San Diego State Col-
lege, Commanding Officer, In-
dustrial Relations Naval Re-
serve Unit, Chairman of Inser-
vice Training Committee.
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quoted as standing for, "A Use-
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Girl."

TOP SUSPENSE DRAMA BRINGS BOOK TO LIFE

Sunday another great sus-
pense thriller from Paramount
opened at the Grove Theatre. It
is the film version of the sensa-
tional best-seller, "Sealed Ver-
dict," starring Ray Milland with
Florence Marly, glamorous Con-
tinental favorite, and featuring
Broderick Crawford, John
Ridgely and Ludwig Donath.

"Sealed Verdict" is based on
the Doubleday Doran book,
which ran serially in Cosmopol-
itan Magazine. Walter Winchell
called it "one of the most im-
portant stories ever written."
The film version thereof is
equally important. As a thriller
it ranks high with other
suspense pictures that have
recently come from Paramount-
"The Big Clock," and "Sorry,
Wrong Number"-but more
than that, its setting in post-war
Germany during the famous
war crimes trials and its sen-
sational revelations regarding
fraternization make it one of the
most exciting and challenging
pictures seen in a long time.

The story revolves around the
prosecution of a Nazi arch-
criminal - General Steigman
-by brilliant American lawyer,
Major Lawson, played by Mil-
land. Steigman, called the
"Scarface Mass Murderer of
Leemach," is magnificently
portrayed by John Hoyt, who
will be remembered for his out-
standing characterization of the
Nazi officer in "O.S.S."

Milland obtains a conviction
of Hoyt but then, under the in-
fluence of beautiful Miss Marly,
the only one to appear in the
General's defense, he begins to
doubt the testimony upon which
he got the conviction. More
attracted to the girl than he
cares to admit, Milland does
what she wants-re-opens the
case at great risk to his career,
then tries to find clear-cut, un-
biased proof of the General's
guilt. The dangers he exposes
himself to as he seeks his facts
from the under ground provide
many a breath-holding moment,
and make "Sealed Verdict"
dramatic and suspenseful film
fare.

The film was directed by
Lewis Allen, Jonathan Latimer,
who scripted "The Big Clock,"
wrote the screen play for
"Sealed Verdict."

Headquarters of the F. B. I. is
located at Ninth and Pennsyl-
vania N. W., Washington, D. C.

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Janet Felton, 2895 Orange Place, Lemon Grove
Age 16 months.

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Dianne Kraft, Daughter of George W. Kraft Jr.,
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THIRD PRIZE:

Larry Tupper, Son of B. W. Tupper, 7569 Roose-
velt, Lemon Grove. Age 5 months.

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